

# **St Anne's Retirement Community (SARC)**

## **Guidelines for Personal Care and Skilled Visitation**

**Our regular visiting hours are  
Monday through Sunday  
8:00AM - 8:00PM**

**Although we are "open" 24 hours each day, our main doors are locked at 8:00pm. If a visitor wants to enter SARC after hours, please call the main number (717-285-5443) and the supervisor will open the doors.**

**Visitors must enter through the main entrance and are required to sign in, complete the screening process which includes having their temperature taken before and after each visit as well as hand sanitize before, frequently during and at the end of the visit. Each visitor will be given a visitor identification tag.**

**Because of the size of our rooms and the need to follow the CDC'S CORE PRINCIPLES of COVID, we are recommending only 4 visitors at a time. All visitors must keep a mask on while in our building.**

**CDC Guidelines including face masks (covering the mouth and nose at all times), social distancing (6ft) and frequent hand washing should be followed. SARC will provide a surgical mask. There are no other face masks allowed while at SARC. Masks must be worn at all times and a face shield is recommended. We will offer face masks and face shields to visitors.**

**When we have a COVID-19 outbreak (a positive staff member or resident), visits in unaffected areas will have our guidelines remain the same. In areas affected by the outbreak, visitors will need to wear full PPE (personal protective equipment) for the visit. This will include face mask (based on CDC guidelines and SARC's COVID-19 status), face shield, gown and gloves.**

**If at any time, a visitor does not wear the mask properly, the visit will end and the visitor will be asked to leave the building. Whether the visit is inside or outside, the core principles must be followed.**

**A resident may choose to have close contact with a visitor (such as a hug) or the resident may choose to eat with their visitor. The resident and visitor should perform hand hygiene before and after the contact.**

**Please be aware that any choice to not follow the CDC's CORE principles may increase the risk of exposure/contracting COVID whether resident or visitor is up-to-date or not. These activities are recommended for the visitation room or in the resident's room with the curtain pulled (if there is a roommate in the room) as well the roommate should wear a mask). A visit may occur in a common area but only when everyone can be socially distanced from each other.**

**Residents may leave the campus with family/friends. CDC Guidelines including face masks, social distancing and frequent hand washing should be followed. Because of CMS guidelines: dependent on the length of time, vaccine status and potential exposures, upon return to the facility, the resident may need to move to an asymptomatic yellow zone for 14 days. Please tell us if there was a possible exposure for the resident while off campus.**

**The bathrooms located by the receptionist desk will be available for a visitor. No other bathrooms are to be used.**

**Skilled visits must occur in the resident room, visitation room or outside, weather permitting. Personal Care visits must be conducted in resident rooms or outside. Visitors may not walk around the hallways, visit other residents, visit other areas or congregate in common areas.**

**If a resident has a roommate, we recommend utilizing one of our visitation rooms for the visit. This will allow for more privacy and as not all residents have been vaccinated, it will be an added safeguard. If the visit is going to be in the resident room, please make sure the privacy curtain is closed and all visitors and both residents in the room are wearing masks.**

**We have several skilled visitation rooms on the first and second floors. Visits for these rooms must be scheduled through social services.**

**If utilizing a skilled visitation room, should a resident need to use the bathroom during a visit, the resident will be returned to their room and then will return to the visitation room to continue the visit.**

**All room doors must stay open. We will be monitoring compliance with the Core Principles for visitation. Per CDC guidance, " Visitors who are unable to adhere to the Core Principles of COVID 19 infection prevention should not be permitted to visit or should be asked to leave."**

**Masks are encouraged to be worn by residents at all times during a visit except during meals. Face shields can be utilized for those residents not able to keep a mask in place. Residents will need to hand sanitize before and after the visit.**

**We encourage all visitors to have a COVID antigen or PCR test within 48 – 72 hours of visiting. If a visitor becomes COVID-19 positive or becomes aware of a COVID-19 exposure that occurred within the 48 hours prior to a visit, they must immediately inform SARC at the time they are made aware. SARC will need to evaluate for staff and resident testing and contact tracing.**

**If a visitor has an underlying condition or illness putting them at higher risk for COVID-19, we encourage the visitor to check with their physician prior to visiting.**

**During a visit, if there is a need for a staff member, please use the call bell system to request staff. Visitors should not leave the room or approach the nurse station.**

**When the visit is concluded, visitors must go directly to the front reception desk and complete the screening process and exit the building. They are NOT to go anywhere else in the facility.**

**When a new case of COVID-19 among residents or staff is identified, we will have notices on our website and at the front entrance.**

**April 2022**