

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<b>KEY CODE</b> TV-Channel 95 or 956 PH-Pauline Hall DR- Dining Room LR- Living Room LB- Library 1:1- One to One <b>Film Ratings</b> G-General Audience NR-Not Rated PG- Parental Guidance Encouraged PG-13-Parents Strongly Encouraged <u>Underlined Activities=Sign Up</u>	<b>1</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Lang.(Lev.1)-TV 2:00 Family Feud with Cyndee-TV 3:00 Series "When calls the Heart"-TV 6:30 Movie Night-TV "The Remarkable Mr. Pennypacker" (NR)	<b>2</b> <b>ELECTION DAY</b> Bookmobile Today 9:45 Rise & Shine-TV 10:15 Music with Bob-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 1:00 Brain Teasers-TV 2:00 Broadcast Bingo-TV PM 1:1 Bingo Prize Cart 3:30 Here with Bob-TV 4:15 Mash-TV 6:30 Movie Night-TV "Camelot" (G)	<b>3</b> 8:30 Centerville Diner 9:45 Rise & Shine-TV 10:15 Mind Stretchers-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 2:00 Birthday Party-TV PM 1:1 Cupcake Cart 3:00 Andy Griffith: "Opie & The Spoiled Kid"-TV 4:20 Piano Music-TV 6:30 Now on Netflix-TV "Soul" (PG)	<b>4</b> 9:45 Rise & Shine-TV 10:15 Devotions-LR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Timeless Tunes-TV 1:30 Fitnesscize-TV 2:15 Ice Cream Social-DR 3:00 Music with Mike-TV 4:00 Golden Girls-TV 7:00 Travelogue-TV "America's Most Scenic Drives" (NR)	<b>5</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Language Level 2-TV 2:00 Music with Olivia-TV PM 1:1 Refreshment Cart 3:00 "Woodland Tranquility"-TV 6:30 Movie Night-TV "Sweet November" (PG-13)	<b>6</b> 10:00 Love Boat-TV 11:00 Fitness Live-TV 11:30 Alan Jackson "Precious Memories"-TV 1:00 Trivia Time-TV 2:00 Brain Busters-DR 3:00 Comedy Classics: The Carol Burnett Show-TV "The Lost Episodes"		
<b>7</b> <b>DAYLIGHT SAVINGS TIME</b> 10:30 Mass-PH 11:30 Sign Language Overview-TV 2:00 Sunday Service-PH 2:45 John McDermott: "A Time to Remember"-TV 4:15 Chair Yoga-TV 6:00 Sight & Sound "Samson"-TV	<b>8</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Language (Level 1)-TV 2:00 Music with Sandy-TV 3:00 Series "When Calls The Heart"-TV 6:30 Movie Night-TV "Penny Serenade" (NR)	<b>9</b> 9:45 Rise & Shine-TV 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Brain Teasers-TV 2:00 Jeopardy-TV PM 1:1 Beverage Cart 3:30 Jazz Piano Video-TV 4:15 Mash-TV 6:30 Movie Night-TV "The Graduate" (PG)	<b>10</b> 9:45 Rise & Shine-TV 10:15 Mind Stretchers-DR 10:50 Funnies-TV 11:00 Park City Diner 11:00 Fitness Live-TV 2:00 Poetry with Katie-TV 3:00 Andy Griffith: "Rafe Hollister Sings"-TV 4:20 Piano Music-TV 6:30 Now on Netflix-TV "A Wrinkle in Time" (PG)	<b>11</b> 9:45 Rise & Shine-TV 10:15 Devotions-LR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Timeless Tunes-TV 1:30 Fitnesscize-TV 2:00 Veteran's Day Program-TV 3:00 Music with Mike-TV 4:00 Golden Girls-TV 6:30 Movie Night-TV "T*A*P*S" (PG)	<b>12</b> 8:30 Breakfast Box 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Language Overview-TV 2:00 Music w/ Olivia-PH (With Refreshments) 3:00 "Woodland Tranquility"-TV 6:30 Movie Night-TV "Blue Jasmine" (PG-13)	<b>13</b> 10:00 Love Boat-TV 11:00 Fitness Live-TV 11:30 Alan Jackson "Precious Memories"-TV 1:00 Trivia Time-TV 2:00 Brain Busters-DR 3:00 Comedy Classics: The Carol Burnett Show-TV "The Lost Episodes"		
<b>14</b> 10:30 Mass-TV 11:30 Sign Language Overview-TV 2:00 Sunday Service-TV 2:45 "The Best of Mark Lowry & Bill Gaither"-TV 4:15 Chair Yoga-TV 6:30 Movie-TV (NR) "Love's Long Journey"	<b>15</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Lang.(Lev.1)-TV 1:00 Country Ride 2:00 Game Shows with Alyssa-TV 3:00 Series "When Calls The Heart"-TV 6:30 Movie Night-TV "His Girl Friday" (NR)	<b>16</b> 9:45 Rise & Shine-TV 10:00 Dollar General 10:15 Music with Bob-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Brain Teasers-TV 2:00 Broadcast Bingo-TV PM 1:1 Bingo Prize Cart 3:30 Organ Music w/ Bob-TV 4:00 Pizza Supper Night 4:15 Mash-TV 6:30 Movie Night-TV "Two Mules for Sr Sara" (PG)	<b>17</b> 9:45 Rise & Shine-TV 10:15 Mind Stretchers-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 12:30 Hollywood Casino 2:00 Art Class w/Bob-TV 3:00 Andy Griffith: "Mountain Wedding"-TV 4:20 Piano Music-TV 6:30 Now on Netflix-TV "War with Grandpa" (PG)	<b>18</b> 9:45 Rise & Shine-TV 10:15 Devotions-LR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:00 Council Meetings-DR 11:45 Piano Music-TV 1:00 Timeless Tunes-TV 1:30 Fitnesscize-TV 2:00 "Luciano Pavarotti"-TV 2:00 Baking-DR 3:00 Music with Mike-TV 4:00 Golden Girls-TV 7:00 Travelogue-TV (NR) "Great American Scenic Railroads"	<b>19</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Lang. Level 2-TV 2:00 Music with Olivia-TV PM 1:1 Refreshment Cart 3:00 "Woodland Tranquility"-TV 6:30 Movie Night-TV "Message in a Bottle" (PG-13)	<b>20</b> 10:00 Love Boat-TV 11:00 Fitness Live-TV 11:30 Alan Jackson "Precious Memories"-TV 1:00 Trivia Time-TV 2:00 Brain Busters-DR 3:00 Comedy Classics: The Carol Burnett Show-TV "The Lost Episodes"		
<b>21</b> 10:30 Mass-PH 11:30 Sign Language Overview-TV 2:00 Sunday Service-PH 2:45 Gaither Series: "Joy In My Heart"-TV 4:15 Chair Yoga-TV 6:30 Movie-TV (NR) "Love's Enduring Promise"	<b>22</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Language Overview-TV 2:00 Word Smithery with Meredith-TV 3:00 Series "When Calls The Heart"-TV 6:30 Movie Night-TV "Going My Way" (NR)	<b>23</b> 9:45 Rise & Shine-TV 10:15 Music w/ Bob-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Brain Teasers-TV 2:00 Thanksgiving Service-TV PM 1:1 Thanksgiving Treat Delivery 3:30 Jazz Piano Video-TV 4:15 Mash-TV 6:00 Broadway & Beyond with Olivia & Bob-TV 7:00 Movie Night-TV "Meant to Be" (NR)	<b>24</b> 9:45 Rise & Shine-TV 10:15 Mind Stretchers-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 2:00 Autumn in the Adirondacks with Katie-TV 3:00 Andy Griffith: "The Big House"-TV 4:20 Piano Music-TV 6:30 Now on Netflix-TV "The Game Plan" (PG)	<b>25</b> <b>HAPPY Thanksgiving</b> 9:45 Rise Shine-TV 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sing-a-long with Susie Q "50's Fun"-TV 2:00 Let's Talk Turkey Day with Meredith-TV 3:00 Music with Mike-TV 4:00 Disney Pocahontas-TV 6:30 Movie Night-TV "Grumpier Old Men" (PG)	<b>26</b> <b>Black Friday</b> 9:45 Rise & Shine-TV 10:15 Exercise-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:30 Sign Language Overview-TV 2:00 Flutist & Cellist-TV PM 1:1 Refreshment Cart 3:00 "Woodland Tranquility"-TV 6:30 Movie Night-TV "An Ideal Husband" (PG-13)	<b>27</b> 10:00 Love Boat-TV 11:00 Fitness Live-TV 11:30 Alan Jackson "Precious Memories"-TV 1:00 Trivia Time-TV 2:00 Brain Busters-DR 3:00 Comedy Classics: The Carol Burnett Show-TV "The Lost Episodes"		
<b>28</b> 10:30 Mass-TV 11:30 Sign Language Overview-TV 2:00 Sunday Service-TV 2:45 Gaither Series: "Remember Old Friends"-TV 4:15 Chair Yoga-TV 6:30 Movie-TV (NR) "The Path of the Wind"	<b>29</b> 9:45 Rise & Shine-TV 11:00 Fitness Live-TV 11:30 Sign Language Overview-TV 11:30 Lunch Express 2:00 Movie "A Season For Miracles"-TV 3:00 Series: "When Calls the Heart"-TV 6:30 Movie Night-TV "Holiday Inn" (NR)	<b>30</b> 9:45 Rise Shine-TV 10:15 Music w/ Bob-DR 10:50 Funnies-TV 11:00 Fitness Live-TV 11:45 Piano Music-TV 1:00 Brain Teasers-TV 2:00 Agricultural Hour with Alyssa-TV PM 1:1 Beverage Cart 3:30 Here with Bob-TV 4:15 Mash-TV 6:30 Movie Night-TV "Brush with Fate" (NR)						
<h1>NOVEMBER 2021 PERSONAL CARE CALENDAR</h1> 								