

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

OCTOBER 2021 PERSONAL CARE CALENDAR

KEY CODE
TV-Channel 95 or 956
PH-Pauline Hall
DR- Dining Room
LR- Living Room
LB- Library
1:1- One to One
Film Ratings
G-General Audience
NR-Not Rated
PG- Parental Guidance Encouraged
PG-13-Parents Strongly Encouraged
Underlined Activities=Sign Up



1 9:45 Rise & Shine-TV
10:15 Exercise-DR
11:00 Fitness Live-TV
11:30 Sign Language Overview-TV
2:00 Music with Ron & Josey-TV
PM 1:1 Refreshment Cart
3:00 Classic New England-TV
6:30 Movie Night-TV "Robin Hood" (PG-13)

2 10:00 Love Boat-TV
11:00 Fitness Live-TV
11:30 Natures Serenade-TV
1:00 Trivia Time-TV
2:00 Brain Busters-DR
3:00 Movie Matinee-TV "Hidden Places" (NR)

3 10:30 Mass-TV
11:30 Sign Language Overview-TV
2:00 Sunday Service-TV
2:45 Gaither Vocal Band Reunited-TV (NR)
4:15 Chair Yoga-TV
6:30 Movie-TV "Annie" (PG)

4 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language (Level 1)-TV
2:00 Charades-TV
3:00 Series: "When calls the Heart"-TV
6:30 Movie Night-TV "Brigadoon" (G)

5 Bookmobile Today
9:45 Rise & Shine-TV
10:15 Music with Bob-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
1:00 Brain Teasers-TV
2:00 Broadcast Bingo-TV
PM 1:1 Bingo Prize Cart
3:30 Here with Bob-TV
4:15 Mash-TV
6:30 Movie Night-TV "Meet Dave" (PG)

6 9:45 Rise & Shine-TV
10:15 Mind Stretchers-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
2:00 Birthday Party-TV
PM 1:1 Cupcake Cart
3:00 Cisco Kid-TV
4:20 Piano Music-TV
6:30 Now on Netflix-TV "The Favorite" (PG-13)

7 8:30 Breakfast to Mountville Diner
9:45 Rise & Shine-TV
10:15 Thoughtful Thursday-LR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:45 Piano Music-TV
1:30 Fitnesscize-TV
2:00 Tribute: Anna Pavlova-TV
3:00 Music with Mike-TV
4:00 Golden Girls-TV
7:00 Travelogue-TV "The Small Ship Cruising Experience" (NR)

8 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language Level 2-TV
2:00 Music w/ Olivia-TV
PM 1:1 Refreshment Cart
3:00 Classic New England-TV
6:30 Movie Night-TV "Pirates of the Caribbean" (PG-13)

9 10:00 Love Boat-TV
11:00 Fitness Live-TV
11:30 Natures Serenade-TV
1:00 Trivia Time-TV
2:00 Brain Busters-DR
3:00 Movie Matinee-TV (NR) "Behind the Mask"

10 10:30 Mass-PH
11:30 Sign Language Overview-TV
2:00 Sunday Service-PH
2:45 John Tesh "Worship at Red Rocks" (NR)
4:15 Chair Yoga-TV
6:30 Movie-TV "Getting Even with Dad" (PG)

11 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language (Level 1)-TV
2:00 Music w/ Sandy-TV
3:00 Series "When calls the Heart"-TV
6:30 Movie Night-TV "Gaslight" (NR)

12 9:45 Rise & Shine-TV
10:15 Music with Bob-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:45 Piano Music-TV
1:00 Brain Teasers-TV
PM 1:1 Beverage Cart
2:00 Haunted Lancaster-TV
3:30 Organ Video Concert-TV
4:15 Mash-TV
6:30 Movie Night-TV (PG) "Appointment with Death"

13 9:45 Rise & Shine-TV
10:15 Mind Stretchers-DR
11:30 Lunch to Longhorn
10:50 Funnies-TV
11:00 Fitness Live-TV
2:00 Word Cross-TV
3:00 Cisco Kid-TV
4:20 Piano Music-TV
6:30 Now on Netflix-TV "The Secret Life of Walter Mitty" (PG)

14 9:45 Rise & Shine-TV
10:15 Thoughtful Thursday-LR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:45 Piano Music-TV
1:00 Timeless Tunes-TV
1:30 Fitnesscize-TV
2:00 Camping in the PA Mountains in Autumn-TV
3:00 Music with Mike-TV
4:00 Golden Girls-TV
7:00 Travelogue-TV "The Incas" (NR)

15 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language Level 2-TV
2:00 Music with Olivia-TV
PM 1:1 Refreshment Cart
3:00 Classic New England-TV
6:30 Movie Night-TV "As Good as it Gets" (PG-13)

16 10:00 Love Boat-TV
11:00 Fitness Live-TV
11:30 Natures Serenade-TV
1:00 Trivia Time-TV
2:00 Brain Busters-DR
3:00 Movie Matinee-TV "Though None Go With Me" (NR)
3:15 Baking with Cyndee-DR

17 10:30 Mass-TV
11:30 Sign Language Overview-TV
2:00 Sunday Service-TV
2:45 "Gaither Vocal Band: Better Day" (NR)
4:15 Chair Yoga-TV
6:00 Movie-TV (NR) "Sight & Sound Special"

18 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Lang. (Levl)-TV
12:00 Veteran's Salute-TV
1:00 Fall Leaf Country Ride
2:00 Farm to Table "Pumpkin"-TV
3:00 "When Calls the Heart"-TV
6:30 Movie Night-TV "There's No Business Like Show Business" (NR)

19 9:45 Rise & Shine-TV
10:50 Funnies-TV
11:00 Fitness Live-TV
1:00 Brain Teasers-TV
2:00 Broadcast Bingo-TV
PM 1:1 Bingo Prize Cart
3:30 The Netherlands-TV
4:15 Mash-TV
6:30 Movie Night-TV "The Journey to the Center of the Earth" (PG)

20 9:45 Rise & Shine-TV
10:15 Mind Stretchers-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
2:00 Art Class-TV
3:00 Cisco Kid-TV
4:20 Piano Music-TV
6:30 Now on Netflix-TV "Where'd you go Bernadette" (PG-13)

21 9:45 Rise & Shine-TV
10:15 Devotions-LR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:00 Food & Resident Council Meetings-DR
2:00 Art Class-TV
3:00 Cisco Kid-TV
4:20 Piano Music-TV
6:30 Now on Netflix-TV "Where'd you go Bernadette" (PG-13)

22 8:30 Breakfast Box
9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language Level 2-TV
2:00 Music with Olivia-TV
PM 1:1 Refreshment Cart
3:00 Classic New England-TV
6:30 Movie Night-TV "Men in Black II" (PG-13)

23 10:00 Love Boat-TV
11:00 Fitness Live-TV
11:30 Natures Serenade-TV
1:00 Trivia Time-TV
2:00 Brain Busters-DR
3:00 Movie Matinee-TV "Believe in Me" (PG)

24 10:30 Mass-PH
11:30 Sign Language Overview-TV
2:00 Sunday Service-PH
2:45 "I Do Believe"-TV (NR)
4:15 Chair Yoga-TV
6:30 Free Willy-TV (PG)
31 10:30 Mass-TV
11:30 Sign Language Overview-TV
2:00 Sunday Service-TV
2:45 "Live from Toronto" (NR)
4:15 Chair Yoga-TV
6:30 Movie-TV "Casper Meets Wendy" (PG)

25 10:15 Exercise-DR
11:00 Exercise-TV
11:30 Sign Language Overview-TV
11:30 Lunch Express (Sub Meals)
2:00 Documentary "Night on Earth"-TV
3:00 Series: "When Calls the Heart"-TV
6:30 Movie Night-TV "Scared to Death" (NR)

26 10:00 Dollar Tree
10:15 Music-DR
11:00 Exercise-TV
11:45 Piano Music-TV
1:00 Brain Teasers-TV
PM 1:1 Beverage Cart
2:00 Jerry Lee Lewis-TV
3:30 Organ Music-TV
4:00 Pizza Supper Night-DR
4:15 Mash-TV
6:30 Movie Night-TV "A Series of Unfortunate Events" (PG)

27 9:45 Rise & Shine-TV
10:15 Mind Stretchers-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
2:00 Cooky Costumes & Halloween Fun-TV
3:00 Cisco Kid-TV
4:20 Piano Music-TV
6:30 Now on Netflix-TV "Goosebumps" (PG)

28 9:45 Rise & Shine-TV
10:15 Devotions-LR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:45 Piano Music-TV
1:00 Timeless Tunes-TV
1:30 Fitnesscize-TV
2:00 "A Few Of My Favorite Things" (Katie & Mom)-TV
3:00 Music with Mike-TV
4:00 Golden Girls-TV
7:00 Travelogue-TV "Maya: Lords of the Jungle" (NR)

29 9:45 Rise & Shine-TV
10:15 Exercise-DR
10:50 Funnies-TV
11:00 Fitness Live-TV
11:30 Sign Language Level 2-TV
2:00 Music with Olivia-TV (With Refreshments)
3:00 Classic New England-TV
6:30 Movie Night-TV "Harry Potter and the Chamber of Secrets" (PG)

30 10:00 Love Boat-TV
11:00 Fitness Live-TV
11:30 Natures Serenade-TV
1:00 Trivia Time-TV
2:00 Brain Busters-DR
3:00 Movie Matinee-TV "Harvest" (NR)

