

**SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY**

# OCTOBER 2021 PERSONAL CARE CALENDAR

**KEY CODE**  
TV-Channel 95 or 956  
1:1- One to One  
PH-Pauline Hall  
DR-Dining Room  
LR-Living Room  
**Film Ratings**  
G-General Audience  
NR-Not Rated  
PG- Parental Guidance  
PG-13-Parents Cautioned  
**MEMORY SUPPORT**



**1** 9:45 Rise & Shine-TV  
10:30 Volleyball-LR  
11:00 Fitness Live-TV  
11:30 Sign Language Overview-TV  
2:00 Music with Ron & Josey-TV  
PM 1:1 Refreshment Cart  
PM 1:1 Patio Visits  
3:00 Classic New England-TV  
5:15 Sing-a-long-LR  
6:30 Movie Night-TV  
"Robin Hood" (PG-13)

**2** AM 1:1 Daily Chronicles  
10:00 Love Boat-TV  
11:00 Fitness Live-TV  
11:30 Natures Serenade-TV  
1:00 Trivia Time-TV  
1:30 Mind Stretchers-LR  
3:00 Movie Matinee-TV  
"Hidden Places" (NR)

**3** 10:30 Mass-TV  
11:30 Sign Language Overview-TV  
2:00 Sunday Service-TV  
2:45 Gaither Vocal Band Reunited-TV (NR)  
4:15 Chair Yoga-TV  
6:30 Movie-TV  
"Annie" (PG)

**4** 9:45 Rise & Shine-TV  
10:30 Hymns-DR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language (Level 1)-TV  
2:00 Bingo & Beverage-DR  
3:00 Series: "When calls the Heart"-TV  
6:30 Movie Night-TV  
"Brigadoon" (G)

**5** Bookmobile Today  
9:45 Rise & Shine-TV  
10:30 Trivia & Talk-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
1:00 Brain Teasers-TV  
1:00 Music with Bob-LR  
2:00 Tea Party-DR  
3:30 Here with Bob-TV  
4:15 Mash-TV  
6:30 Movie Night-TV  
"Meet Dave" (PG)

**6** 9:45 Rise & Shine-TV  
10:30 Sing-a-long-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
2:00 Birthday Party-DR  
3:00 Cisco Kid-TV  
4:20 Piano Music-TV  
5:15 Music with Janice-LR  
6:30 Now on Netflix-TV  
"The Favorite" (PG-13)

**7** 9:45 Rise & Shine-TV  
10:30 Pictionary-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:45 Piano Music-TV  
1:30 Fitnessize-TV  
2:00 Biographies-LR  
2:00 Tribute to Anna Pavlova-TV  
3:00 Music with Mike-TV  
4:00 Golden Girls-TV  
7:00 Travelogue-TV  
"The Small Ship Cruising Experience" (NR)

**8** 9:45 Rise & Shine-TV  
10:30 Baseball-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language Level 2-TV  
2:00 Music w/ Olivia-TV  
PM 1:1 Patio Visits  
3:00 Classic New England-TV  
5:15 Sing-a-long-LR  
6:30 Movie Night-TV  
"Pirates of the Caribbean" (PG-13)

**9** AM 1:1 Daily Chronicles  
10:00 Love Boat-TV  
11:00 Fitness Live-TV  
11:30 Natures Serenade-TV  
1:00 Trivia Time-TV  
1:30 Mind Stretchers-LR  
3:00 Movie Matinee-TV (NR)  
"Behind the Mask"

**10** 10:30 Mass-PH  
11:30 Sign Language Overview-TV  
2:00 Sunday Service-PH  
2:45 John Tesh "Worship at Red Rocks" (NR)  
4:15 Chair Yoga-TV  
6:30 Movie-TV  
"Getting Even with Dad" (PG)

**11** 9:45 Rise & Shine-TV  
10:30 Hymns-DR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language (Level 1)-TV  
1:30 Trivia-LR  
2:00 Music w/ Sandy-TV  
PM 1:1 Patio Visits  
3:00 Series "When calls the Heart"-TV  
6:30 Movie Night-TV  
"Gaslight" (NR)

**12** 9:45 Rise & Shine-TV  
10:30 Trivia & Talk-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:45 Piano Music-TV  
1:00 Brain Teasers-TV  
1:00 Music with Bob-LR  
2:00 Tea Party-DR  
2:00 Haunted Lancaster-TV  
4:15 Mash-TV  
6:30 Movie Night-TV (PG)  
"Appointment with Death"

**13** 9:45 Rise & Shine-TV  
10:30 Sing-a-long-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
2:00 Word Cross-TV  
2:00 Scattergories-LR  
3:00 Cisco Kid-TV  
4:20 Piano Music-TV  
5:15 Music with Janice-LR  
6:30 Now on Netflix-TV  
"The Secret Life of Walter Mitty" (PG)

**14** 9:45 Rise & Shine-TV  
10:30 Pictionary-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:45 Piano Music-TV  
1:00 Timeless Tunes-TV  
1:30 Fitnessize-TV  
2:00 Biographies-LR  
2:00 Camping in the PA Mountains in Autumn-TV  
3:00 Music with Mike-TV  
4:00 Golden Girls-TV  
7:00 Travelogue-TV  
"The Incas" (NR)

**15** 9:45 Rise & Shine-TV  
10:30 Fishing-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language Level 2-TV  
PM 1:1 Patio Visits  
2:00 Music with Olivia-TV  
3:00 Classic New England-TV  
5:15 Sing-a-long-LR  
6:30 Movie Night-TV  
"As Good as it Gets" (PG-13)

**16** AM 1:1 Daily Chronicles  
10:00 Love Boat-TV  
11:00 Fitness Live-TV  
11:30 Natures Serenade-TV  
1:00 Trivia Time-TV  
1:30 Mind Stretchers-LR  
3:00 Movie Matinee-TV  
"Though None Go With Me" (NR)

**17** 10:30 Mass-TV  
11:30 Sign Language Overview-TV  
2:00 Sunday Service-TV  
2:45 "Gaither Vocal Band: Better Day" (NR)  
4:15 Chair Yoga-TV  
6:00 Movie-TV (NR)  
"Sight & Sound Special"

**18** 9:45 Rise & Shine-TV  
10:30 Hymns-DR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Lang. (Lev1)-TV  
12:00 Veteran's Salute-TV  
2:00 Farm to Table "Pumpkin"-TV  
2:00 Bingo & Beverage-DR  
3:00 "When Calls the Heart"-TV  
6:30 Movie Night-TV  
"There's No Business Like Show Business" (NR)

**19** 9:45 Rise & Shine-TV  
10:30 Trivia & Talk-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
1:00 Brain Teasers-TV  
1:00 Hymns & More-LR  
2:00 Tea Party-DR  
3:30 The Netherlands-TV  
4:15 Mash-TV  
6:30 Movie Night-TV  
"The Journey to the Center of the Earth" (PG)

**20** 9:45 Rise & Shine-TV  
10:30 Singing-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
2:00 Art Class-TV  
2:00 Scattergories-LR  
3:00 Cisco Kid-TV  
4:20 Piano Music-TV  
5:15 Music with Janice-LR  
6:30 Now on Netflix-TV  
"Where'd you go Bernadette" (PG-13)

**21** 9:45 Rise & Shine-TV  
10:30 Pictionary-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:45 Piano Music-TV  
1:00 Timeless Tunes-TV  
1:30 Fitnessize-TV  
2:00 Spiritual Perspectives-TV  
2:00 Biographies-LR  
3:00 Music with Mike-TV  
4:00 Golden Girls-TV  
7:00 Travelogue-TV  
"Thunder on the Rails" (NR)

**22** 9:45 Rise & Shine-TV  
10:30 Short Stories-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language Level 2-TV  
2:00 Music with Olivia-TV  
PM 1:1 Refreshment Cart  
3:00 Classic New England-TV  
5:15 Sing-a-long-LR  
6:30 Movie Night-TV  
"Men in Black II"(PG-13)

**23** AM 1:1 Daily Chronicles  
10:00 Love Boat-TV  
11:00 Fitness Live-TV  
11:30 Natures Serenade-TV  
1:00 Trivia Time-TV  
1:30 Mind Stretchers-LR  
3:00 Movie Matinee-TV  
"Believe in Me" (PG)

**24** 10:30 Mass-PH  
11:30 Sign Language Overview-TV  
2:00 Sunday Service-PH  
2:45 "I Do Believe"-TV (NR)  
4:15 Chair Yoga-TV  
6:30 Free Willy-TV (PG)  
**31** 10:30 Mass-TV  
11:30 Sign Language Overview-TV  
2:00 Sunday Service-TV  
2:45 "Live from Toronto" (NR)  
4:15 Chair Yoga-TV  
6:30 Movie-TV  
"Casper Meets Wendy" (PG)

**25** 10:30 Hymns-DR  
11:00 Exercise-TV  
11:30 Sign Language Overview-TV  
1:00 Fall Leaf County Ride  
2:00 Documentary "Night on Earth"-TV  
3:00 Series: "When Calls the Heart"-TV  
6:30 Movie Night-TV  
"Scared to Death" (NR)

**26** 10:30 Trivia & Talk-LR  
11:00 Exercise-TV  
11:45 Piano Music-TV  
1:00 Brain Teasers-TV  
PM 1:1 Beverage Cart  
1:00 Music with Bob-LR  
2:00 Tea Party-DR  
2:00 Jerry Lee Lewis-TV  
3:30 Organ Music-TV  
4:00 Pizza Supper Night-DR  
4:15 Mash-TV  
6:30 Movie Night-TV  
"A Series of Unfortunate Events" (PG)

**27** 9:45 Rise & Shine-TV  
10:30 Sing-a-long-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
1:30 Mind Stretchers-LR  
2:00 Cooky Costumes & Halloween Fun-TV  
3:00 Cisco Kid-TV  
4:20 Piano Music-TV  
5:15 Music with Janice-LR  
6:30 Now on Netflix-TV  
"Goosebumps" (PG)

**28** 9:45 Rise & Shine-TV  
10:30 Pictionary-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:45 Piano Music-TV  
1:00 Timeless Tunes-TV  
1:30 Fitnessize-TV  
2:00 "A Few Of My Favorite Things" (Katie & Mom)-TV  
3:00 Music with Mike-TV  
4:00 Golden Girls-TV  
7:00 Travelogue-TV  
"Maya: Lords of the Jungle" (NR)

**29** 9:45 Rise & Shine-TV  
10:15 Charades-LR  
10:50 Funnies-TV  
11:00 Fitness Live-TV  
11:30 Sign Language Level 2-TV  
2:00 Music with Olivia-TV (With Refreshments)  
3:00 Classic New England-TV  
5:15 Sing-a-long-LR  
6:30 Movie Night-TV  
"Harry Potter and the Chamber of Secrets" (PG)

**30** AM 1:1 Daily Chronicles  
10:00 Love Boat-TV  
11:00 Fitness Live-TV  
11:30 Natures Serenade-TV  
1:00 Trivia Time-TV  
1:30 Mind Stretchers-LR  
3:00 Movie Matinee-TV  
"Harvest" (NR)

